

Chroma Tattoo

Chamomile Presses (helps reduce swelling)

- ❖ Chamomile press 1x a day for the first week
- ❖ Use a glass of hot water (it will open your pores, make sure it is warm enough to do so but not hot enough to burn yourself)
- ❖ Mix ¼ teaspoon non-iodized salt into water until salt has dissolved
- ❖ Steep a plain chamomile tea bag in mixture for five minutes
- ❖ Remove tea bag from mixture and place it over your piercing applying only enough pressure to hold it in place for five to ten minutes
- ❖ Rinse with warm water
- ❖ Pat dry with a piece of clean paper towel or air dry

Please call if you have any questions

(248)522-6644

